

Pricing

Effective October 1st, 2024

Intake and Movement & Breathing Inquiry= **\$150**

(2 separate appointments, approx. 90 minutes each, must be paid for together)

Individual yoga therapy sessions= **\$90** (90 min)

3 session package (90 min each)= **\$240**

6 session package (90 min each)= **\$450**

9 session package (90 min each)= **\$630**

there is no expiry to session packages.

*** threeOMs Yoga Therapy can accommodate the following into the yoga therapy sessions (for therapeutic/medical reasons only):

- Sessions can be adjusted from 45 min up to 120 min in duration
- Couples/parent/guardian/care giver/etc. can be included in the sessions
- Online sessions or at the client's location

Prices will reflect the above changes. Additional fees may also be included. Inquire with threeOMs Yoga Therapy for details.***

threeOMs Yoga Therapy does not charge GST at this time.

Cash, debit card, credit card or e-transfers are accepted payment methods.

